You deserve to live free from abuse. Contact **BWSS** with any questions and we'll support you to find solutions.

Hours Mon-Fri 10am-5pm Wed 10am-8pm

Counselling 604-687-1867 Business 604-687-1868 TTY 604-686-6732 Email intake@bwss.org Website www.bwss.org

<b>Emergency/Crisis Number</b>	S
Police/RCMP	911
Police Victims Services	1-877-869-0720
Chimo Crisis Line	604-279-7070
Coquitlam Crisis Centre	604-540-2221
South Fraser Crisis Line	604-951-8855
Vancouver Crisis Centre	604-872-3311
Victims Link Helpline	1-800-563-0808
WAVAW (women against	
violence against women)	1-877-392-7583
	or 604-255-6344
Ministry of Children and Family	
After Hours, emergency	
children's welfare	604-660-4927
After Hours, emergency	
shelter	604-660-3194
Aboriginal Services	
Indian Residential School	
Survivors Support Line	1-866-925-4419
Aboriginal Safe House	604-254-5147
Helping Spirit Lodge, Van.	604-872-6649
Youth Safe Houses	
Covenant House	604-685-7474
Walden House	604-877-1234

## Trancition Houses

Iransition Houses	
Abbotsford	1-604-852-6008
Ann Davis, Chilliwack	1-604-792-2760
Coquitlam	604-464-2020
Cythera, Maple Ridge	604-467-9966
Durrant, White Rock	604-531-4430
Evergreen, Surrey	604-584-3301
Ishtar, Langley	604-530-9442
Jean Scott, Hope	1-604-869-5191
Kate Booth House, Van.	604-872-7774
Libra, Aldergrove	604-857-5797
Marguerite Dixon, Burnaby	604-298-3454
Mission	1-604-826-7800
Monarch Place, New West.	604-521-1888
Nova, Richmond	604-270-4911
Peggy's Place, Vancouver	604-430-5202
Sage, North Vancouver	604-987-3374
Shimai, Surrey	604-581-9100
Vancouver Rape Relief	604-872-8212
Virginia Sam, Surrey	604-572-5116
Xolhemet, Chilliwack	1-604-858-0468

More information at:

www.bwss.org

I'm scared. I feel controlled. It hurts. *Is this abuse?* 

I feel trapped. I have no one to turn to. Where can I go? What about my children?

I'm afraid to stay and I'm afraid to leave. What will happen to my immigration status?

I have to go to court. I want to start a new life. Where can I get legal advice?

I feel isolated and alone. I want a better life. I want to feel strong. How can I get some support? What are my options, my rights?



604.687.1867 www.bwss.org

**BWSS Funding Partners** 









## Resources for women facing abuse

Empowering women, strengthening communities

