


Battered Women's Support Services

Women Seeking Safety

Women Seeking Safety is a 16 week program for women experiencing the impact of violence and struggling with substances.

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- **SAFETY** as the overarching goal, helping women attain safety in relationships, thinking, behaviour, and emotions
 - **INTEGRATED** treatment, working on both responses to trauma and substance misuse at the same time
 - **ABSTINENCE** from substances is not a requirement to attend this group
 - **INCORPORATION** of Spirit and ceremony as part of the healing process

EVERY TUESDAY STARTING ON **MAR 12TH, 2013, 6 to 8:30 pm**
VANCOUVER WOMEN'S HEALTH COLLECTIVE. 29 WEST HASTINGS STREET VANCOUVER, BC

For more information contact BRANDY at 604-652-1867 or brandy@bwss.org

Since 1979, Battered Women's Support Services has provided education, systemic advocacy and support services for girls and women, who have experienced violence and/or abuse