



TRANSITION HOUSES IN CANADA

Transition Houses provide both long term and short term housing for women and children fleeing abusive relationships or at the risk of experiencing violence.

Transition Houses break the isolation that many women experience when they are in abusive relationships. Transition Houses build a safe community environment where women are encouraged to share their experiences and empower one another.

If you and/or you know of any woman experiencing violence in her life, please refer to the following resource of our list of Transition Houses in Canada.

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British Columbia

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Grand Forks	Boundary Women's Coalition	250-442-3131		
Hope	Hope & Area Transition Society	604-869-5191	1-877-869-5191	
Kamloops	Kamloops Community YMCA-YWCA	250-374-6162		shelter@kamloopsy.org
Kelowna	Central Okanagan Emergency Shelter Society	250-763-1040		
Kitimat	Tamitik Status of Women Association	250-632-6070	250-632-6070	dunmoreplace@telus.net
Langley	Ishtar Transition Housing Society	604-530-9442	604-530-9442	generalinformation@ishtarhouse.org
Maple Ridge	Cythera Transition House Society	604-467-9966	604-467-9966	
Massett	Haida Gwaii Society for Community Peace	250-626-4666	250-626-4666	hgspeace@mhtv.ca
Mission	Women's Resource Society of the Fraser Valley	604-826-7800		mth@wrsfv.ca
Nanaimo	Haven: A Society for Women and Children	250-756-2452	250-756-0616	haven@havensociety.com
Nelson	Nelson Community Services Centre Society	250-354-4357		coordinator@shawlin.k.ca
New Westminster	W.I.N.G.S. Fellowship Ministries	604-521-1888		
North Vancouver	North Shore Crisis Services Society	604-987-8325	604-987-3374	frsage@nscss.net
Okanagan Indian Reserve #1	Okanagan Nation Family Intervention and Service Society	250-493-4902	1-877-493-4909	ontehadmin@shaw.ca
Penticton	South Okanagan Women in Need Society	250-493-7233	1-800-814-2033	TH@sowins.com
Port Alberni	Alberni Community and Women's Services Society	250-724-2223		office@acaws.ca
Powell River	Powell River & Region Transition House Society	604-485-4554	604-485-9773	
Prince George	Phoenix Transition House Society	250-563-7305		
Prince George	Prince George & District Elizabeth Fry Society	250-562-5868	1-866-563-1113	shelter@pgefry.bc.ca
Prince Rupert	North Coast Transition Society	250-627-4793		
Quesnel	Amata Transition House Society	250-992-7321	250-992-3385	amata@shawbiz.ca
Revelstoke	Revelstoke Womens Shelter Society	250-837-4382	250-837-1111	forsythe@telus.net
Richmond	Chimo Crisis Services	604-270-4900	604-270-4911	chimo@chimocrisis.com
Salmon Arm	Shuswap Area Family Emergency Society	250-832-9616		
Salt Spring Island	Island Women Against Violence	250-537-0735	1-877-435-7544	ssitransitionhouse@iwav.org
Sardis	Xolhemet Society	604-858-0468	604-858-0468	xolhemetadmin@shaw.ca
Sechelt	Sunshine Coast Community Services Society	604-885-5128	604-885-2944	yewtransition@dccnet.com
Smithers	Northern Society for Domestic Peace	250-847-2595		th@domesticpeace.ca
Sooke	Sooke Transition House Society	250-642-2591	250-480-5461	
Squamish	Howe Sound Women's Centre Society	604-892-5711	1-877-892-5711	
Surrey/Newton	Options:Services to Communities Society	604-572-5116		virginiasam@options.bc.ca
Surrey/South Surrey	Atira Women's Resource Society	604-542-5992		
Surrey/Whalley	Atira Women's Resource Society	604-581-9100	1-877-581-9100	
Surrey/Whalley	Options:Services to Communities Society	604-584-3301		evergreen@options.bc.ca
Surrey/White Rock	Atira Women's Resource Society	604-531-9151	604-531-4430	
Telegraph Creek	Tahltan Health & Social Services Authority	250-235-3805		
Terrace	Ksan House Society	250-635-6447	1-888-337-5726	
Trail	Trail Family & Individual Resource Centre	250-364-1543		



	Society			
Ucluelet	Westcoast Community Resources Society	250-726-2020	1-877-726-2080	wcth@ukeecable.net
Vancouver	Governing Council of the Salvation Army in Canada	604-872-0772	604-872-0774	
Vancouver	Helping Spirit Lodge Society	604-872-6649	604-872-6649	helping-spirit@telus.net
Vancouver	Vancouver Coastal Health Authority	604-430-5202		
Vancouver	Vancouver Rape Relief Society	604-872-8212	604- 872-8212	info@rapereliefshelter.bc.ca
Vanderhoof	Omineca Safe Home Society	250-567-9512		safehome@uniserve.com
Vernon	Vernon Women's Transition House Society	250-542-1122		
Victoria	Cridge Centre for the Family - Hill House	250-479-3963	250-479-3963	hhtn@cridge.org
Victoria	Victoria Women's Transition House Society	250-380-7527	250-385-6611	infor@vwth.bc.ca
Watson Lake, Yukon	Help & Hope for Families Society	867-536-2711	867-536-7233	
Williams Lake	Cariboo Friendship Society	250-398-5658		cariboo.chiwid@shawcable.com

Alberta

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Banff	YWCA of Banff	1-800-813-4138		
Black Diamond	Rowan House Emergency Shelter	1-866-331-3933	403-933-3370	
Brooks	Brooks and District Women's Safe Shelter Society	403-793-2232		
Calgary	Brenda Strafford Centre for the Prevention of Domestic Violence Second Stage Housing	403-270-7240		
Calgary	Awo Taan Healing Lodge Society		403-531-1972	
Calgary	Calgary's Women's Emergency Shelter Association		403-234-7233/ 403-262-2768	
Calgary	Discovery House Second Stage Housing	403-670-0467		
Calgary	Kerby Centre – Seniors		403-705-3250	
Calgary	Sonshine Community Services Second Stage Shelter	403-243-2002		
Calgary	YWCA of Calgary Sheriff King Home		403-266-0707	
Calgary	Youville Residence Society of Alberta	403-242-0244		
Camrose	Brigantia Place: A Camrose Society for a Women's Shelter		780-672-1035	
Cold Lake	Dr. Margaret Savage Crisis Centre Society	1-866-594-0533	780-594-3353	
Edmonton	Edmonton Women's Shelter Ltd. (W.I.N House)		780-479-0058	
Edmonton	Catholic Social Services- LaSalle Program Second Stage Housing	780-482-2190		
Edmonton	Lurana Shelter Society		780-424-5875	
Edmonton	W.I.N.G.S. of Providence Society Second Stage Housing	780-426-4985		
Edmonton	Women's Emergency Accommodation Centre	780-423-5302		
Edmonton	SAGE: Seniors Association of Greater Edmonton Edmonton's Seniors' Safe		780-702-1520	

	Housing			
Enilda	Sucker Creek Women's Emergency Shelter	1-866-523-2929	780-523-4357	
Fairview	Fairview and District Women's Centre Association	1-877-835-2120	780-835-2120	
Fort Chipewyan	Paspew House		780-697-3323	
Fort McMurray	Fort McMurray Family Crisis Society Unity House		780-743-1190	
Grande Cache	Grande Cache Transition House Society	Business (8:30 am – 4:30 pm): 780-827-3776	1-866-957-3776 Cell (after 4:30pm): 780-827-1791	
Grande Prairie	Grande Prairie Women's Residence Association Odyssey House		780-532-2672	
High Level	Northwest Alberta Resource Society Safe Home	1-888-926-0301	780-926-3899	
Hinton	Yellowhead Emergency Shelter for Women Society	1-800-661-0937	780-865-5133	
Hobbema	Ermineskin Women's Shelter	1-866-585-3941	780-585-4444	
Lac La Biche	Hope Haven Society	1-866-727-4673	780-623-3100	
Lethbridge	Native Women's Transition Home Society		(8:30 am – 4:30 pm): 403-329-6506	
Lethbridge	YWCA Lethbridge Harbour House	1-866-296-0447	403-320-1881	
Lloydminster	Lloydminster Interval Home Society		780-875-0966	
Medicine Hat	Medicine Hat Women's Shelter Society Phoenix Safe House	1-800-661-7949	403-529-1091	
Morley	Eagle's Nest Stoney Family Shelter		403-881-2000	
Peace River	Peace River Regional Women's Shelter Society	1-877-624-3466	780-624-3466	
Pincher Creek	Pincher Creek Women's Emergency Shelter Association	1-888-354-4868		
Red Deer	Central Alberta Women's Emergency Shelter Society	1-888-346-5643	403-346-5643	
Rocky Mountain House	Mountain Rose Women's Shelter Association		403-845-4141	
Slave Lake	Northern Haven Support Society	1-877-214-4418	780-849-4418	
St. Paul	St. Paul and District Crisis Association	1-800-263-3045	780-645-5195	
Sherwood Park	Strathcona Shelter Society A Safe Place	1-877-252-7233	780-464-7233	
Strathmore	Community Crisis Society – Region 5	1-877-934-6634	403-934-6634	
Taber	Safe Haven Women's Shelter Society		403-223-0483	
Vegreville	Crisis Association of Vegreville		780-632-7070	
Wabasca	Big Stone Cree Nation Women's Emergency Shelter		780-891-3333	
Whitecourt	Wellspring Family Resource and Crisis Centre Society	1-800-467-4049	780-778-6209	

Manitoba

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
	Manitoba Women's Shelters	204 381 2902	1-877-977-0007	nikkicoordinator@maws.mb.ca
Brandon	YWCA Westman Women's Shelter	204-727-3644		



Dauphin	Parkland Crisis Centre	204-622-4626	1-877-977-0007	pkndcris@mts.net
Portage la Prairie	Potage Family Abuse Prevention Centre	204 239-5234	204-239-5233	
Selkirk	Nova House	204-482-7882	204-482-1200	
Steinbach	Agape House	204-326-6062	204-346-0028	
The Pas	Aurora House	204-623-7427		
Thompson	Thompson Crisis Centre	204-677-9688	1-800-442-0613	

New Brunswick

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Bathurst	Bathurst Emergency Shelter	506-549-3232 or 506-545-0805		parmstrong@nb.aibn.com
Saint John	Centre For Youth Care	506-643-3361		n6youth1@nb.aibn.com
Saint John	Coverdale Centre for Women Inc.	506-672-6285		crystal@coverdalecenterforwomen.ca
Moncton	Crossroads for Women Inc/ Carrefour Pour Femmes Inc.	506-857-4184	506-853-0811	crossroads@nb.aibn.com
Fredericton	Fredericton Homeless Shelters Inc.	506-450-3001		info@theshelters.ca
Fredericton	Fredericton Homeless Shelters Inc.	506-450-1102	Women: 506-450-3011, Men: 506-450-1102	info@theshelters.ca
St. Stephan	Fundy Region Transition House Inc.	506-466-4485		frth@nb.aibn.com
Fredericton	Gignoo Transition House	506-458-1236	1-800-565-6878	gignoo@nbnet.nb.ca
Moncton	Harvest House Ministries	1-506-855-0626		hadmin@aibn.nb.com
Saint John	Hestia House Inc.	506-634-7571	506-634-7570	hestia@nbnet.nb.ca
Moncton	House of Nazareth	506-858-5702		info@maison-nazareth.org
Tracadie- Sheila	L'Accueil Sainte-Famille	506-395-1500		acstefam@nbnet.nb.ca
Fredericton	Liberty Lane	506-450-9877		lf.fiona@bellaliant.com
Bathurst	Maison du "Passage" House Inc.	506-546-9540, or 506-546-0019	506-546-9540, or 506-546-0019	passagehouse@nb.aibn.com
Campbelton	Maison Notre Dame	506-789-0390	506-753-4703	maisonnotredame@nb.aibn.com
Miramichi	Miramichi Emergency Centre for Women Inc.	506-622-8861, or 1-800-836-1016	506-622-8865	mecw@nb.aibn.com
Miramichi	Miramichi Youth House Inc.	506-624-9909	506-624-9909	miramichiyouthhouse@hotmail.com
Saint John	The Salvation Army	506-634-7021		Rodney_Bungay@can.salvationarmy.org
Sussex	Sussex Vale Transition House	506-433-1649	506-432-6999	valhouse@nb.aibn.com
Fredericton	Women in Transition House	506-457-2770	506-459-2300	transhouse@nb.aibn.com
Woodstock	Woodstock Sanctuary House	506-325-9452		sanctuary@nb.aibn.com

Newfoundland & Labrador

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Gander, NL	Cara Transition House	709-256-9306	256-7707 Toll Free Crisis Line: 1-877-800-2272	administration@carahouse.com
Corner Brook	Corner Brook Transition House	709-634-4199	709-634-4198 Toll Free Crisis Line: 1-866-634-4198	thouse@nf.sympatico.ca



Marystown	Grace Sparkes House	709-279-3560	709-279-3562	Islaney@gracesparkeshouse.com
St. John's	Iris Kirby House	709-722-8272	1-877-753-1492	gailtobin@iriskirbyhouse.nf.net
Carbonear	O'Shaughnessy House	709-596-8208	709-596-8709 Toll Free Crisis Line: 1-888-596-8709	
Labrador City-Wahbush	Hope Haven	709-944-7124	709-944-6 Toll Free Crisis Line: 1-888-332-0000 900	hopehaven@crrstv.net

Northwest Territories

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Cambridge Bay	Wellness Centre Inc	867-983-2133		
Fort Smith	Sutherland House (Women's Shelter)	867-872-5925	867-872-4133	
Hay River	Women's Resource Centre, Safe Home Network	867-874-3311	867-874-6626	wrcshn@cancom.net
Rankin Inlet	Kataujak Society	867-645-2214		
Tuktoyaktuk	Tuk Crisis Center	867-977-2591	867-977-2526	
Yellowknife	Alison Mcateer House (YMCA)	867-669-0235	867-873-8257	wvcaam@tamarack.nt.ca

Nova Scotia

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Amherst	Autumn House	1-902-667-1344		info@autumnhouse.ca
Antigonish	Naomi Society for Victims of Family Violence	1-902-863-3807		naomisociety@ns.aliantzinc.ca
Bridgewater	Habour House, A Safe Place	1-888-543-3999	902-543-3999	edhabourhouse@ns.aliantzinc.ca
Digby	Juniper House	1-800-266-4087	902-742-8689	juniperhouse@eastlink.ca
Halifax	Bryony House	1-902-429-9002	1-902-422-7650	info@bryonyhouse.ca
Kentville	Chrysalis House	902-679-6544	902-679-1922, or 1-800-264-8682	chrysalis@ns.sympatico.ca
Millbrook	Millbrook Family Healing Centre	902-893-8483	902-893-8483, or 1-800-565-4741	walkerbc@gov.ns.ca
New Glasgow	Tearmann House	928-0774, or 752-1633	752-0132, or 1-888-831-0330	tearmann@ns.sympatico.ca
Port Hawkesbury	Leeside Transition House	625-1990	625-2444, or 1-800-565-3390	leesidir@eastlink.ca
Sydney	Cape Breton Transition House		539-2945, or 1-800-563-2945	cbtranshouse@ns.alaintzinc.ca
Truro	Third Place Transition House	893-4844	893-3232, or 1-800-565-4847	Victimassociation@ns.alaintzinc.ca
Waycobah	Mi'Kmaw Family Healing Centres	902-756-3440	756-3440, or 1-800-565-3440	poirebm@gov.ns.ca

Nunavut

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Iqaluit	Baffin Regional Agvvik Society - Qimaavik Transition House	867-979-4566	867-979-4500	agvvik@nunanet.com

Ontario

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Ajax	Herizon House	905-426-1064	1-866-437-4066	www.herizonhouse.com
Ajax	Joanne's House (Durham Youth Housing and Support Services)	905-239-9477		
Alliston	My Sister's Place/ People in Transition	705-435-9400	1-800-461-5419	
Atikokan	Atikokan Crisis Centre	807-597-2868	1-800-465-3348	atikokan.shelternet.ca
Aurora	Yellow Brick House	905-597-2868	1-800-263-3247	www.yellowbrickhouse.org
Barrie	Women and Children's Centre	705-728-6300	1-800-461-1716	www.barrieshelter.com
Bear Island	Temagami First Nation Family	705-237-8600		
Belleville	Three Oaks Foundation	613-967-1416	1-800-267-0533	
Big Trout Lake	Kitchenuhmaykoosib Equaygamik	807-537-2242		
Blind River	Mississauga Women's Shelter	705-356-7142	1-800-461-2232	ontarionorthmws.shelternet.ca
Bowmanville	Bethesda House	905-623-6045	1-800-338-3397	www.bethesdahouse.ca
Bracebridge	Muskoka Interval House	705-645-4461	1-800-461-1740	www.mwag.ca
Brampton	Honeychurch Family Life Resources Centre	905-451-4115		
Brampton	Interim Place II	905-676-8515		
Brantford	Nova Vita Women's Shelter	519-752-4357	1-800-265-0764	
Brockville	Leeds and Green Interval House	613-342-4724	1-800-267-4409	leedsgrenville.shelternet.ca
Burlington	Halton Women's Place- South	905-332-1200		www.haltonwomensplace.com
Cambridge	Haven House	519-653-2289	1-800-410-4482	www.wcswr.org
Carleton Place	Lanark County Interval	613-257-5960	1-800-267-7946	
Chatham	Chatham Kent Women's Centre Inc.	519-351-9144	1-800-256-0598	www.ckwc.org
City of York	Nekenann Second Stage Housing	416-243-7669		www.anduhyaun.org
Clinton	2 nd Stage – Housing of Huron	519-482-5288		
Cobourg	Northerland Services for Women	905-372-0746	1-800-263-3757	www.nsfw.ca
Collingwood	My Friend's House	705-444-2511		
Cornwall	Madison Baldwin House	613-938-2958	1-800-267-1744	
Cornwall	Akwesasne Family Violence Program	613-937-4322, or 613-937-4208	1-800-480-4208	
Dryden	Hoshizaki House	807-223-3226	1-800-465-7221	
Elliot Lake	Maplegate House for Women	705-461-9868	1-800-461-4623	maplegate.info
Etobicoke	Women's Habitat of Etobicoke	416-252-7949		www.womens-habitat.ca
Etobicoke	Women's Habitat of Etobicoke	416-743-1733		www.ernestines.ca
Fenelon Falls	2 nd Stage – Amy's Next Step Housing	705-887-9806		www.womensresources.ca
Fort Frances	Gitchi-Nen-Dom Healing Lodge	807-274-400	1-800-559-4146	
Georgina	Sutton Youth Shelter/Salvation Army	877-972-0898		
Georgina	Sandgate Women's Shelter	800-661-8294		
Geraldton	Geraldton Family Resource Centre	807-854-152	1-800-363-4588	
Goderich	Women's Shelter, Second Stage Housing and Counseling Services of Huron	519-524-6245	1-800-265-5506	www.womenshelter-huron.ca
Grimsby	2 nd Stage – West Niagra Second Stage housing and Counselling	905-309-1477		www.wnss.org
Guelph	Women In Crisis Marianne's Place	519-836-5710	1-800-265-7233	
Haliburton	YWCA Haliburton Emergency Rural SafeSpace (HERS)	705-286-1942		
Halleybury	Pavilion Family Resource Centre	705-671-2128, or 705-567-1777	705-671-9090-HELP	www.pavilionfrc.com



Halton	Salvation Army Halton Lighthouse Shelter	905-825-6000, 7434-7089-7263, or 905-339-2918		
Hamilton	Inasmuch House	905-529-8149		
Hamilton	Interval House of Hamilton-Wentworth	905-387-9959		
Hamilton	2 nd Stage – Phoenix Place	905-527-2238		www.phoenixplace.ca
Hamilton	2 nd Stage Services of Hamilton/Wentworth	905-523-5640 ext. 248		
Hamilton	Interval House of Hamilton – Wentworth	905-387-9959, or 905-387-8881		www.intervalhousehamilton.org
Hamilton	Martha House – Good Shepherd Women's Centre	905-523-8895, or 905-523-6277		www.goodshepherdcentres.ca
Hamilton	Native Women's Centre	905-664-1114	1-888-308-6559	nwc.shelternet.ca
Hawkesbury	Madison Interlude House	613-632-1131	1-800-267-4101	
Huntsville	Chrysalis	705-789-8488	1-866-789-8488	
Kapuskasing	Habitat Interlude House	705-337-1122		
Kenora	Women's Shelter, Saakaate House	807-468-5491	1-800-465-1117	
Keswick	Sandgate/Women's Shelter of Georgina	905-722-3220	1-800-661-8294	
Kincardine	Women's House Serving Bruce & Grey	519-396-9655	1-800-265-3026	www.whsbg.on.ca
Kingston	Kingston Interval House	613-546-1777, or 613-546-1833	1-800-267-9445	
Kitchener	Mary's Place - YWCA	519-744-0120		www.ywcakw.on.ca/housing_emergency_shelter.php
Kitchener	Anseima House	519-741-9184, or 519-742-5894	1-877-419-1517	www.wcswr.org
Lakefield	ROC-Rural Outreach Centre	705-657-2232	866-844-7622	roc.shelter.ca
Lindsay	Women's Resources	705-878-3662, or 705-878-4285	1-800-565-5350	www.womensresources.ca
London	Women's Community House	519-642-3003	1-800-265-1576	www.shelterlondon.org
London	Zhaawanong Shelter - At'lohsa Native Family Healing Services Inc.	519-432-2270, or 519-432-0122	1-800-605-7477	www.atlohsa.com
London, Ont.	Rotholme Women's & Family Shelter	519-673-4114		
Marathon	Marjorie House	807-229-2222	1-800-465-3307	
Matheson	Tranquility House Shelter	705-273-2339	866-993-2339	www.cmhat.ca
Mattawa	Mattawa Family Resource Centre	705-744-5567		
Midland	Rosewood Shelter	705-526-4211	1-800-461-1750	rosewoodshelternet.ca
Milton	Halton Women's Place	905-878-8555, or 905-878-8970		www.haltonwomensplace.com
Mindemoya	Haven House	705-377-5160	1-800-465-6788	
Mishkeegogamang	Mishkeegogamang Safe House	807-928-2407		
Mississauga	Armagh	905-855-0299		
Mississauga	Interim Place I	905-403-9691, or 905-403-0864		www.interimplace.com
Mississauga	Interim Place II	905-403-9691, or 905-676-8515		www.interimplace.com
Moosonee	Moosonee Family Resource Centre	705-336-2456		moosonee.shelternet.ca
Muncey	South West Regional Healing Lodge (Kii-Kee-Wan-Nii-Kaan)	519-289-0148	1-800-328-2616	
Napanee	Lennox and Addington Interval House	613-354-0808		
Nepean	Nelson House of Ottawa-	613-225-0533, or		www.nelsonhouse.on.ca



	Carleton	613-225-3129		
Newmarket	Blue Door Shelters	1-888-554-5525		
Niagara Falls	Nova House	905-356-3933, or 905-356-5800		www.womensplacesn.org
North Bay	Nipissing Transition House	705-476-2431, or 705-476-2429		nipissingtransitionhouse.com
North Bay	Ojibway Family Resource Centre	705-472-3321	1-800-387-2465	ojibway.shelternet.ca
North York	St. Vincent de Paul - St. Clare's Residence 3410 Bayview Avenue	416-225-3466		
Ohswegen	2nd Atage - Ganohkwa Family Support Services	519-445-4324		
Ohswegen	Ganohkwasra Family Assault Support Services	519-445-4324		
Orangeville	Family Transition Place	519-941-4357	1-800-265-9178	www.familytransitionplace.ca
Orillia	Green Haven	705-327-7319		
Orillia	Couchiching Jubilee House	705-326-4337		
Orillia	Green Haven Shelter For Women	705-327-7383, or 705-327-7319	1-888-285-6858	
Oshawa	Denise House (The) Shelter and Support Services Inc.	905-728-7311	1-800-263-3725	www.thedenisehouse.com
Oshawa	YWCA of Durham-Y's Wish Shelter	905-576-6743, or 905-576-2997		www.ywcadurham.org
Ohswegen	Family Support Services	519-445-4324		
Ottawa	Oshki Kizis Lodge (Aboriginal)	613-789-1141		www.minlodge.com
Ottawa	2nd Stage - Harmony House	613-233-3386		www.harmonyhousews.com
Ottawa	Interval House of Ottawa	613-234-8511 613-234-5181		
Ottawa	La Presence	613-241-8297		
Ottawa	Maison d'Amitie	613-747-9136 613-747-0020		
Ottawa	Minwaashin Lodge Aboriginal	613-741-5590		www.minlodge.com
Owen Sound	Women's Centre (Grey & Bruce) Incl.	519-376-0755 519-371-1600	1-800-256-3722	www.bmts.com/~womenscentre
Owen Sound	Women's House Serving Bruce & Grey	519-372-1113 866-578-5566	1-800-265-3026	www.whsbg.on.ca
Parry Sound	Esprit Place	705-746-4800	1-800-461-1707	
Pawitik	Naotkamegwanning Women's Shelter	807-226-2605 807-226-2603		
Pembroke	Bernadette McCann House	613-732-7776 613-732-3131	800-267-4930	www.wsssbmh.org
Peterborough	2nd Atage -YWCA Crescent Centennial Second Stage Housing	705-745-6616 705-745-0158		www.ywcapeterborough.org
Picton	Alternatives for Women	613-476-4435 613-476-2787	877-499-6636	alternativesforwomen.org
Red Lake	New Starts For Women	807-727-3303	1-800-565-5368	
Richmond Hill	Sandgate Women's Shelter of Richmond Hill	905-787-8604		
Roseneath	Regional Women's Shelter - Anishnaabe Kwewag Gamig Inc.	905-352-3898, 905-352-3708	1-800-388-5171	www.eagle.ca/~akg
Sarnia	Women's Interval Home	519-336-5200	1-800-265-1412	
Sault Ste. Marie	Nimkii Naabkawagan Family Crisis Shelter	705-941-9054		
Sault Ste. Marie	Women in Crisis (Algoma) Inc.	705-759-1230		wicalgoma.shelternet.ca
Scarborough	Juliette's Place	416-724-1316		www.juliettesplace.org



Scarborough	Dr. Roz's Healing Place	416-264-0823 416-264-4357		www.drrozsh healingplace.com
Simcoe	2nd Stage - Quetzal Family Homes	519-428-7596		
Simcoe	2nd Stage - Quetzal Family Homes	519-428-7596		
Sioux Lookout	First Step Women's Shelter	807-737-1438	1-800-465-3623	
Southwold	Onyota'a:ka Family Healing Lodge	519-652-0657		
St. Catharines	2nd Stage - Bethlehem Place	519-797-2521 519-797-3715		
St. Thomas	Violence Against Women Services, Elgin County	519-633-0155	1-800-265-4305	www.vawsec.on.ca
St. Thomas	2nd Stage - St. Thomas-Elgin Second Stage Housing	519-637-2288	1-877-396-2288	www.secondstagehousing.com
St. Catharines	Women's Place	905-684-8331 905-684-4000		
Stratford	2nd Stage - Emily Murphy Centre	519-273-7350		
Stratford	Optimism Place	519-271-5310 519-274-5550	1-800-265-8598	www.optimismplace.on.ca
Strathroy	2nd Stage - Women's Rural Resource Centre	519-246-1526	1-800-265-5390	
Strathroy	Women's Rural Resource Centre of Strathroy and Area	519-246-1526	1-800-265-5390	www.wrrcsa.org
Sturgeon Falls	Sturgeon Falls Family Resource Centre	705-753-1154		
Sudbury	YWCA Genevra House	705-673-4754 705-674-2210	1-800-461-0133	www.ywcasudbury.com
Sudbury	2nd Stage - YWCA Brookwood Apartments	705-673-4754		
Sutton West	Sandgate Women's Shelter of Georgina Inc.	905-722-4043 905-722-3220	1-800-661-8294	www.sandgate.ca
Thunder Bay	2nd Stage - Wakaigin Housing Project	807-623-9579		
Thunder Bay	Faye Peterson Transition House	807-345-0450	1-800-465-6971	www.fayepeterson.org
Thunder Bay	Beendigen Inc.	807-622-1121 807-346-4357		www.benigen.com
Toronto	Anduhyaun Inc.	416-920-1492		www.anduhyaun.org
Toronto	Birkdale Residence	416-392-5650		
Toronto	Interval House	416-924-1411		www.intervalhouse.on.ca
Toronto	Nellie's	416-461-1084		www.nellies.org
Toronto	Fife House	416-205-9888		
Toronto	Fred Victor Centre for Women 86 Lombard Street	416-368-2642		
Toronto	North York Women's Shelter	416-935-9427 416-635-9630 416-635-9632		www.nyws.ca
Toronto	Redwood Shelter	416-533-9372 416-533-8538		www.theredwood.com
Toronto	Robertson House	416-397-5637		
Toronto	WoodGreen Red Door Family	416-469-3457 416-		



	Shelter	469-3610		
Toronto	YWCA Women's - Arise Shelter	416-929-6944 416-929-3316		www.ywcatoronto.org
Toronto	St. Vincent de Paul - Amelie House 126 Pape Avenue	416-465-0475		
Toronto	St. Vincent de Paul - Elisa House 60 Newcastle Street	416-259-2528		
Toronto	St. Vincent de Paul - Mary's Home 70 Gerrard St. East	416-595-1578		
Toronto	YWCA-First Stop Woodlawn-Women's Unit 80 Woodlawn Ave. East	416-923-8454		
Toronto	2nd Stage - Amelie House	416-465-0475		
Toronto	Homes First Society - Savard 1322 Bloor St. West	416-395-0932		
Toronto	Nellie's	416-461-1084		
Toronto	Florence Booth 723 Queen St. West	406-603-9800		
Toronto	Street Haven at the Crossroads 87 Pembroke Street	416-967-6060		
Toronto	Women's Residence - Main Site 674 Dundas St. West	416-392-5500		
Toronto	Women's Residence - Bellwoods House 63 Bellwoods Avenue	416-392-5791		
Toronto - YOUTH	Horizons for Youth 422 Gilbert Ave.	416-781-9898		
Toronto - YOUTH	Native Child & Family Youth Shelter 558 Bathurst Street	416-323-1840		
Toronto - YOUTH	Covenant House 20 Gerrard St. East	416-593-4849		
Toronto - YOUTH	Covenant House - McGill Residence	416-593-4849		
Toronto - YOUTH	Eva's Phoenix 11 Ordnance Street	416-364-4716		
Toronto - YOUTH	Eva's Place - Satellite 5248 Yonge Street	416-229-1874		
Toronto - YOUTH	Second Base Youth Shelter 702 Kennedy Road	416-261-2733		
Toronto - YOUTH	Touchstone Youth Shelter 1076 Pape Avenue	416-696-6932		
Toronto - YOUTH	Tumivut Youth Shelter 26 Vaughan Road	416-651-6750		
Toronto - YOUTH	Turning Point Youth Services 95 Wellesley St. East	416-925-9250		
Toronto - YOUTH	YMCA House 485 Queen St. West	416-504-9700		
Tyendinaga Mohawk Territory	Red Cedars Shelter	613-967-2003	800-672-9515	redcedars.shelternet.ca
Wallaceburg	Three Fires Ezhignowenmindwaa Women's Shelter	519-627-3635		
Wawa	CHADWIC Home	705-856-2848	1-800-461-2242	chadwic.shelternet.ca
Welland	Women's Place of South Niagara Inc.	905-732-4632 905-788-0113		
Winchester	Naomi's Family Resource Centre	613-774-2838	1-800-267-0395	naomiscentre.ca
Woodstock	2nd Stage - Ingamo Family Homes	519-421-0383		ingamo.shelternet.ca
York Region	Empowerment Through Achievement Vaughan, or ETA Vaughan	1-877-382-1888, or 905-893-8887		



Prince Edward Island

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Charlottetown	Anderson House/Anderson Apartments	902-368-8658, 902-894-3354 902-892-0960	1-800-240-9894	tha@isn.net
Charlottetown	P.E.I. Rape and Sexual Assault Crisis Centre	902-566-1864	902-566-8999	admin@peirsacc.org
Charlottetown	Salvation Army	892-8870 or 566-9982; Summerside 888-3870 or 436-6044		jrsmith@pei.aibn.com
O'Leary	Rainbow Residence	902-859-8849		wptrans@isn.net
Summerside	Next Step Housing	902-436-0517		tass@isn.net
La Ronge	Piwapan Women's Centre	306-425-3900		
Meadow Lake	Waskoosis Safe Shelter	306-236-5570		
Prince Albert	Prince Albert Safe Shelter for Women	306-764-7233		
Lloydminster (Alberta)	Lloydminster Interval Home	780-875-0966		
North Battleford	Battlefords Interval Home	306-445-2742		
Saskatoon	Saskatoon Interval House	306-244-0185		
Saskatoon	YWCA of Saskatoon	306-244-2844		
Yorkton	Shelwin House	306-783-7233		
Yorkton	Project Safe Haven	306-782-0676		
Fort Qu'Appelle	Qu'Appelle Haven Safe Shelter	306-332-6881		
Regina	Regina Transition House	306-569-2292		
Regina	YWCA Isabel Johnson Shelter	306-525-2141		
Regina	Wichihik Iskwewak Safe House (WISH)	306-543-0493		
Moose Jaw	Moose Jaw Transition House	306-693-6511		
Swift Current	Southwest Crisis Services	306-778-3692		
Prince Albert	Prince Albert Safe Shelter for Women	306-764-7233		
Saskatoon	Adelle House	306-668-2761		
Regina	SOFIA House	306-565-2537		
Swift Current	Genesis House	306-778-3692		

Saskatchewan

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
La Ronge	Piwapan Women's Centre	306-425-3900		
Meadow Lake	Waskoosis Safe Shelter	306-236-5570		
Prince Albert	Prince Albert Safe Shelter for Women	306-764-7233		
Lloydminster (Alberta)	Lloydminster Interval Home	780-875-0966		
North Battleford	Battlefords Interval Home	306-445-2742		
Saskatoon	Saskatoon Interval House	306-244-0185		
Saskatoon	YWCA of Saskatoon	306-244-2844		
Yorkton	Shelwin House	306-783-7233		
Yorkton	Project Safe Haven	306-782-0676		
Fort Qu'Appelle	Qu'Appelle Haven Safe Shelter	306-332-6881		
Regina	Regina Transition House	306-569-2292		
Regina	YWCA Isabel Johnson Shelter	306-525-2141		
Regina	Wichihik Iskwewak Safe House (WISH)	306-543-0493		

Moose Jaw	Moose Jaw Transition House	306-693-6511		
Swift Current	Southwest Crisis Services	306-778-3692		
Prince Albert	Prince Albert Safe Shelter for Women	306-764-7233		
Saskatoon	Adelle House	306-668-2761		
Regina	SOFIA House	306-565-2537		
Swift Current	Genesis House	306-778-3692		

Yukon

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Dawson City, Yukon	Dawson City Women's Shelter	867-993-5086		shelterdirector@northwestel.net
Whitehorse, Yukon	Kaushee's Place / Yukon Women's Transition Home	867-633-7720	668-5733	edywth@northwestel.net
Watson Lake, Yukon	Help & Hope for Families Society	867-536-2711	867-536-7233	edhhs@northwestel.net

Quebec

Location	Contractor	Agency Phone Number	Crisis Line	Email Address / Website
Alma	Passerelle Inc. (La)	(418) 668-4671	(418) 668-0242	
Baie-Comeau	Maison des Femmes de Baie-Comeau	(418) 296-4733	(418) 294-2421	mfbc@globetrotter.net
Amos	Maison Mikana	(819) 732-9161		mikana@lino.com
Cabano	Autre-TOIT du KRTB (L')	(418) 854-7160	867-536-7233	autretoit@hotmail.com
Cap-aux-Meules	Accalmie (L')	(418) 986-5044		
Cap-de-la-Madeleine	F.A.R. Inc. (Le)	(819) 378-2990		
Chambly	Maison Simonne-Monet-Chartrand	(450) 658-9780		mhesmc@cam.org
Chicoutimi	Centre Féminin du Saguenay Inc.		(418) 549-4343	cfs@cybernaute.com
Charlesbourg	Maison du Coeur pour Femmes	(418) 841-0019	(418) 841-0011	maisonducoeur@qc.aira.com
Cowansville	Horizon Pour Elle	(450) 263-5046		info@horizonpourelle.com
Châteauguay	Re-Source (La) de Châteauguay	(450) 699-0908		
Chelsea	Maison Libère-Elles	(819) 827-4510	(819) 827-4044	
Drummondville	Rose des Vents de Drummond Inc. (La)	(819) 472-5444		
Dolbeau-Mistassini	Halte-Secours	(418) 276-3965 (418) 276-3659		Halte@destination.ca
Chibougamau	Maison d'hébergement l'Aquarelle	(418) 748-7654 (418) 748-7655		hebergement.aquarelle@caramail.com
Forestville	Amie d'Elle (L)	(418) 587-2533		amielle@globetrotter.net
Fort-Coulonge	Entour Elle (L')	(819) 683-2709		
Joliette	Traverse (La)	(450) 759-5882		latraverse@pandore.qc.ca
Jonquière	Chambrée (La)	(418) 547-7283		lachambree@cybernaute.com
Gaspé	Aid'Elle (L')	(418) 368-6883		laidelle@globetrotter.net
Gatineau	Maison Unies-Vers-Femmes	(819) 568-4710		maison.unies-vers-femmes@sympatico.ca
La Malbaie/Pointe-au-Pic	Maison la Montée	(418) 665-4694		lamontee@cite.net
Granby	Maison hébergement pour Elles	(450) 776-6700		mhpe@qc.aira.com
La Tuque	Asperimowin	(819) 523-8600		asperimowin@sympatico.ca
Hull	Centre Mechtilde	(819) 777-2952		mechtilde@qc.aira.com
La Tuque	Toit de l'Amitié (Le)	(819) 523-7829	(819) 523-2589	letoitdelamitie@lino.sympatico.ca



Lac Mégantic	Bouée régionale du Lac-Mégantic (La)	(819) 583-1233		labouee@globetrotter.net
Lévis	Jonction pour Elle (La)	(418) 833-8002		ionc@globetrotter.net