

Support Group • Battered Women's Support Services



10 week Support Group for Women

A psycho-educational support group for women who have experienced abuse in an intimate relationship to share experiences and get support, develop self-awareness and insight, increase self-confidence and assertiveness skills, and learn to recognize what comprises an abusive relationship or a healthy relationship.

This support group is made to create a safe environment where women can share their experiences.

PARTICIPANTS IN THIS SUPPORT GROUP WILL:

- Start reducing isolation
- Obtain information, emotional support, and resources
- Learn about the impacts of intimate abuse and violence

WEDNESDAYS 6 TO 8 PM

Starting March 13, 2013

This group will accept new applications until **April 3, 2013**

**To register or get more information
call the Crisis and Intake Line at**

604.687.1867

Assistance with bus tickets is available.



www.bwss.org • www.theviolencestopshere.ca

