## Support Group • Battered Women's Support Services

## Surviving to Thriving

**LBT\*2SQ Women's** 10 Week Support Group This is a support group for self-identified Lesbian, Bisexual, Trans\*, Two Spirit and Queer Women who have experienced or are experiencing the impacts of violence and

abuse, including intimate partner violence and childhood sexual abuse.

## This group will support participants to:

- gain a greater understanding of their lives and relationships as LBT\*2SQ women
- explore myths and realities about abuse and their impacts on LBT\*2SQ women
- recognize the dynamics of intimate partner violence and explore skills to build the relationships they desire
- reduce isolation, make new connections, and share their voice in a supportive environment

**Topics will include:** forms of abuse, impacts of abuse, personal values, relationships, sex and sexuality, emotions, community, and more.

## WEDNESDAYS 5:30 TO 7:30 PM 10 WEEKS APR 2 to JUN 4, 2014

FOR MORE INFORMATION AND/OR TO JOIN THE GROUP: please call Emma 604.687.1868 ext:317 or email intake@bwss.org

Before registering for this group, all interested participants will be invited to an initial meet-up with the facilitators to assess safety concerns and how we can best ensure safety, support, and confidentiality.

**LOCATION:** Battered Women's Support Services in Vancouver (for confidentiality purposes please call us to obtain the address)

Assistance with bus tickets is available.







