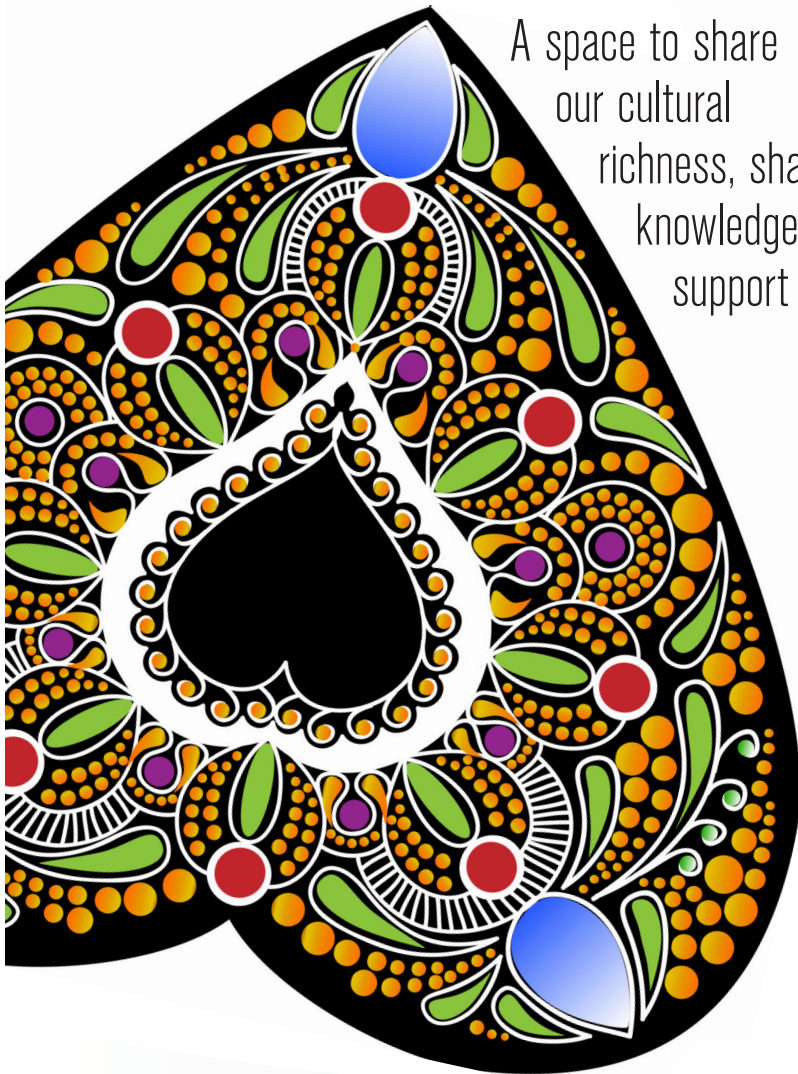


Embracing Our Traditions

A space for Latin American Women
SHARING OUR STRENGTHS AND KNOWLEDGE

A space to share
our cultural
richness, share our
knowledge and to
support each other.



OPEN DROP-IN GROUP EVERY MONDAY

STARTING JANUARY, 2016. 2 - 4 PM

TOPICS WILL COVER

- Understanding and managing feelings
- Parenting
- Healthy relationships
- The different ways in which our culture and traditions support us through hard times
- Sharing our culinary traditions

FOR INFORMATION PLEASE CONTACT

Daniela: **604.687.1868 EXT. 316**
or email: daniela@bwss.org

SNACKS AND ASSISTANCE WITH BUS TICKETS WILL BE AVAILABLE.

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