

Support Group • Battered Women's Support Services

A healing space for women who have experienced abuse in an intimate relationship to share their experiences, strengths, skills, and knowledge.

10 week Support Group for Women

This support group is made to create a safe environment where women are provided with support and information about self-awareness, assertiveness skills, understanding and managing emotions, abusive relationships, and fulfilling relationships.

PARTICIPANTS IN THIS SUPPORT GROUP WILL:

- Start reducing isolation
- Obtain information, emotional support, and resources
- Learn about the impacts of intimate abuse and violence

**WEDNESDAYS
6:00 TO 7:45 PM**

Starting May 13th, 2015

To register or get more information
call the Crisis and Intake Line at
604.687.1867

Assistance with bus tickets is available.



www.bwss.org • www.theviolencestopshere.ca

