

### EMERGENCY/CRISIS NUMBERS

Chimo Crisis Line	<b>604.279.7070</b>
Coquitlam Crisis Centre	<b>604.540.2221</b>
Indian Residential School Survivors Support Line	<b>1.866.925.4419</b>
South Fraser Crisis Line	<b>604.951.8855</b>
Vancouver Crisis Centre	<b>604.872.3311</b>
Victims Link Helpline	<b>1.800.563.0808</b>
WAVAW (Women Against Violence Against Women)	<b>1.877.392.7583</b> or <b>604.255.6344</b>
Police/RCMP	<b>911</b>
Police Victims Services	<b>1.877.869.0720</b>

### DOWNTOWN EASTSIDE SUPPORT SERVICES

Aboriginal Front Door	<b>604.697.5662</b>
Access Central (Detox/Mental Health)	<b>1.866.658.1221</b>
DTES Women's Centre	<b>604.681.8480</b>
MAP Van	<b>604.720.5686</b>
211 (Community Resources/Shelters)	<b>211</b>

More information at: [www.bwss.org](http://www.bwss.org)

### TRANSITION HOUSES

Abbotsford	<b>604.852.6008</b>
Ann Davis, Chilliwack	<b>604.792.3116</b>
Coquitlam	<b>604.492.1700</b>
Cythera, Maple Ridge	<b>604.467.9966</b>
Durrant, White Rock	<b>604.531.4430</b>
Evergreen, Surrey	<b>604.584.3301</b>
Helping Spirit Lodge, Van.	<b>604.872.6649</b>
Ishtar, Langley	<b>604.530.9442</b>
Jean Scott, Hope	<b>604.869.5191</b>
Kate Booth House, Van.	<b>604.872.7774</b>
Libra, Aldergrove	<b>604.857.5797</b>
Marguerite Dixon, Bby.	<b>604.298.3454</b>
Mission	<b>604.826.7800</b>
Monarch Place, New West	<b>604.521.1888</b>
Nova, Richmond	<b>604.270.4911</b>
Peggy's Place, Vancouver	<b>604.430.5202</b>
Sage, North Vancouver	<b>604.987.3374</b>
Shimai, Surrey	<b>604.581.9100</b>
Virginia Sam, Surrey	<b>604.572.5116</b>
Xolhemet, Chilliwack	<b>604.858.0468</b>

More information at: [www.bwss.org](http://www.bwss.org)

You deserve to live free from abuse. **Contact BWSS** with any questions and we'll support you to find options.

Battered Women's Support Services Hours:  
**MON-FRI 10am to 5pm • WED 10am to 8pm**  
**SAT 10am to 5pm**

Crisis & Intake Line **604.687.1867**

Business **604.687.1868**

Toll Free **1.855.687.1868**

TTY **604.686.6732**

Email **intake@bwss.org**



BATTERED WOMEN'S  
SUPPORT SERVICES



Safety Changes Everything

I'M SCARED. I FEEL  
CONTROLLED. IT HURTS.

*Is this abuse?*

I FEEL TRAPPED.  
I HAVE NO ONE TO TURN TO.

*Where can I go?  
What about my children?*

I'M AFRAID TO STAY AND  
I'M AFRAID TO LEAVE.

*What will happen to my  
immigration status?*

I HAVE TO GO TO COURT.  
I WANT TO START A NEW LIFE.

*Where can I get legal advice?*

I FEEL ISOLATED AND ALONE.  
I WANT A BETTER LIFE.  
I WANT TO FEEL STRONG.

*How can I get some support?  
What are my options, my rights?*

[www.bwss.org](http://www.bwss.org)

Battered Women's Support Services

604.687.1867

MADE POSSIBLE BY

MY SISTER'S  
CLOSET

1092 SEYMOUR STREET  
VANCOUVER, BC, V6B 3M6  
604.687.0770



Safety Changes Everything

# Safety

resource card



Safety Changes Everything

