

time to thrive

Join Thriving

For a safe, confidential place
for women with experience
in sex economies to build
community and empowerment

**EVERY THURSDAY EVENING
from 6 to 8 pm starting on
Thursday, October 22, 2020**

WHAT YOU CAN LOOK FORWARD TO:

- | | | | |
|---------------|---|----------------|---|
| WEEK 1 | Visioning | WEEK 7 | Healthy relationships:
Myself and others |
| WEEK 2 | Goal setting | WEEK 8 | Economic resources |
| WEEK 3 | Building safety and community | WEEK 9 | Exploring volunteering,
educational, and employment
opportunities |
| WEEK 4 | Traditional healing ceremonies
and practices | WEEK 10 | Reflecting and celebrating |
| WEEK 5 | Trauma-informed healing
practices and tools | | |
| WEEK 6 | Social wellness: Rights
and self-advocacy | | |

TO JOIN THRIVING:

Please contact
Brooklyn
by phone or text
604.808.4378
or by email
thrive@bwss.org.

A \$20 gift card will be provided
to each participant after
every workshop.

bwss.org


BATTERED WOMEN'S
SUPPORT SERVICES


Safety Changes Everything